

SHAPE INVENTORY

SPIRITUAL GIFTS, HEART,
ABILITIES, PERSONALITY,
EXPERIENCES

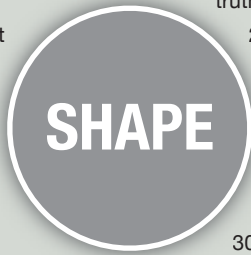


SHAPE

This inventory is designed to help you look more deeply at the unique way God has built you in hopes that you better understand where and how you can be involved in God's work in ways that are most effective and rewarding.

Spiritual Gifts Inventory: Please fill your answers in on the next page, based on the scale below.

1. I am able to remain optimistic even when progress is not visible.
2. I prefer working in the background, if I can be a help to others.
3. I am able to welcome unexpected guests into my home.
4. People say I have a way of making the Bible "come alive."
5. When someone is hurting I am able to say or do something that renews his or her hope and trust in God.
6. I am moved to help others struggling with emotional pain.
7. I like to give sacrificially and freely to those who are in need.
8. I am able to motivate groups to achieve specific, Biblical objectives.
9. I seem to be able to recognize and address the root problems keeping someone from growing spiritually.
10. I enjoy organizing ideas, tasks, and people for Christian service.
11. I love to pray for others and even lose track of time while praying.
12. Even when human circumstances don't add up. I will step out in faith if I feel it is God's will for me.
13. I will gladly respond with practical assistance when others ask for help.
14. I have a knack for helping people I don't know feel welcome at church or in my home
15. I earnestly desire to explain Biblical principles and truths to others.
16. I take the time to say a kind word to those who are using their gifts in service to others.
17. People often turn to me when they are feeling hurt, lonely, or confused
18. In an appeal for a worthy cause, I am among the first to give financially
19. I am able to recognize the spiritual gifts of others and help them find a means to serve in ministry to others.
20. I am willing to help an individual find Biblical resources and then guide them as they grow in faith and Christian maturity.
21. I can recognize and work to resolve key issues confronting a team.
22. Most of my prayer time is spent addressing the needs of others.
23. I take God's promises at face value and I am comforted by their truth.
24. When I see a need, I spring into action and do something about it.
25. I enjoy blessing people by having them over to my home for a meal.
26. I enjoy studying my Bible and the opportunity to clarify Biblical truths to others.
27. I feel comfortable using Scripture when people need courage and guidance.
28. I like to help people who suffer from physical, mental, or emotional problems.
29. I am committed to giving 10% or more of my income to the church.
30. I am energized when I am able to help people be in ministry to others.
31. I am able to be honest with others about the struggles I have had in my past and I am able to share how God helped me through.
32. I enjoy working out the details so that the work of God can be accomplished.
33. I take prayer requests very seriously and pray until the answer comes.



0	1	2	3	4
Almost Never True	Seldom True	Sometimes True	Often True	Almost Always True

34. I believe that all things will work out to our benefit as long as we keep our trust in God.
35. I prefer to serve in some hands-on, practical, ministry.
36. I would welcome the opportunity to house someone in need, or a visiting missionary.
37. I have a solid understanding of the Bible, but I am also learning more each day as I study the scriptures and read Christian books.
38. I regularly write personal notes to praise someone for their help or service.
39. I often pick up on the emotional pain of others and come to their side.
40. I think I could do something to help those in financial distress.
41. God seems to use me to develop a spirit of unity and enthusiasm within a team.
42. I could help someone begin a personal relationship with God.
43. I don't get stressed trying to coordinate the necessary details to meet a deadline or orchestrate an event.
44. People in need seem to come to mind throughout the week and I pray for them trusting God to see them through.
45. I have learned not to worry, but to pray for all things and at all times.
46. I prefer to serve at someone's side, helping him or her with the small details and tasks that need to get accomplished.
47. I like to introduce myself and speak with people that i've never met.
48. Continuous learning is something I greatly value and invest in personally.
49. I feel compelled to strengthen other believers in the faith.
50. I think it is important to comfort those who are grieving.
51. I am willing to live more simply so that I can give more to God's work.
52. I am willing to bear the brunt of criticism for a team's failure.
53. At times, I know it is necessary to correct others. In those times, I am able to do so in love, so that God is honored and everyone involved is encouraged to press onward.
54. I am able to delegate and trust important tasks to the right people at the right time.
55. I believe that prayer is one of my most important daily activities.
56. I don't worry about tomorrow. I live in faith each day and trust God to guide me through each circumstance.
57. I prefer following someone else's lead rather than leading.
58. I enjoy reaching out to others and helping them feel at home where ever we are.
59. I like to share God's Word with others.
60. When people do good work, I am quick to praise and thank them.
61. I look for opportunities to bring hope and God's word to those who are sick or distraught.
62. I spend a lot of time earning money, but an equal amount of joy accompanies every dollar I give away.
63. I am able to recognize, redirect, and encourage a group that is being confronted by some obstacles and help them regain their fo-

- cus.
64. I like to help people learn how to trust God in every aspect of life.
65. I am willing to cope with the difficulties that come with taking care of the details.
66. I have seen God heal someone in direct answer to my prayers.

Spiritual Gifts Score Card

Instructions:

1. Write the numeric value for each question
2. add the sum of each row. Place your score in the last column
3. Find the definition for spiritual gifts on the next page. Pay special attention to the three you score highest with.

1 ___ 12 ___ 23 ___ 34 ___ 45 ___ 56 ___ A= ___

2 ___ 13 ___ 24 ___ 35 ___ 46 ___ 57 ___ B= ___

3 ___ 14 ___ 25 ___ 36 ___ 47 ___ 58 ___ C= ___

4 ___ 15 ___ 26 ___ 37 ___ 48 ___ 59 ___ D= ___

5 ___ 16 ___ 27 ___ 38 ___ 49 ___ 60 ___ E= ___

6 ___ 17 ___ 28 ___ 39 ___ 50 ___ 61 ___ F= ___

7 ___ 18 ___ 29 ___ 40 ___ 51 ___ 62 ___ G= ___

8 ___ 19 ___ 30 ___ 41 ___ 52 ___ 63 ___ H= ___

9 ___ 20 ___ 31 ___ 42 ___ 53 ___ 64 ___ I= ___

10 ___ 21 ___ 32 ___ 43 ___ 54 ___ 65 ___ J= ___

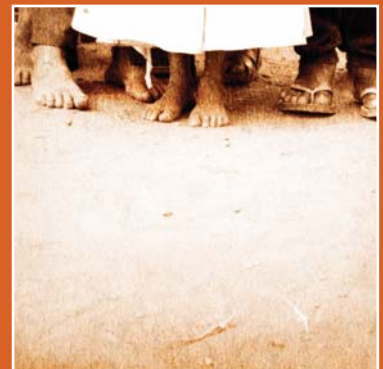
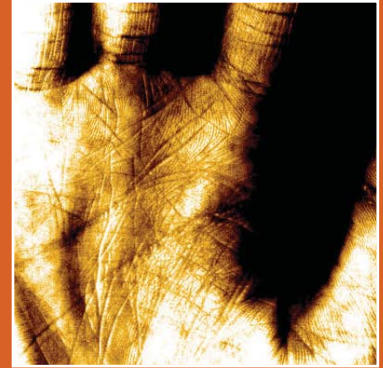
11 ___ 22 ___ 33 ___ 44 ___ 55 ___ 66 ___ K= ___

Spiritual Gifts Key

Below is a list of spiritual gifts. Spiritual gifts are not the same as talents, but are spiritual strengths God gives for being a part of his work in the world. The list below is by no means exhaustive. There are many different attributes identified as spiritual gifts in the Bible, and even those are not complete listings of the ways God gifts people to do his work. This assessment and list below is simply meant to be a tool to help you better understand the gifts God is expressing in you. Throughout your life, as you grow, change, and experience different things your spiritual gifts may change. We hope that this list provides a glimpse into the part God has for you in his body now. To learn more about spiritual gifts you can look at 1 Corinthians 12:27-31; Romans 12:3-8; and Ephesians 4:11-16.

- A. Faith**--The gift to trust God for what can't be seen and, pressing forward, to act upon the promises of God. (Romans 4:18-21; Hebrew Chapter 11)
- B. Service/Helps**--The gift to identify and take the initiative to meet the practical needs of others, freeing them to fulfill their own calling or to attend to personal needs, or urgent matters. (Acts 6:1-7)
- C. Hospitality**--The gift of helping others feel welcome, accepted, relaxed, and comfortable. (1 Peter 4:9-10)
- D. Teaching**--The gift to proclaim and clearly explain God's Word in a manner that transforms the lives of others. (1 Corinthians 12:28; Acts 20:20-21; Romans 12:6-8; Titus 3:1-2)
- E. Encouragement**--The gift to provide encouragement, comfort, reassurance and support in ways that foster healing and wholeness (1 Thessalonians 5:11; Romans 12:8)
- F. Mercy**--The gift to detect the emotional pains of others. To feel compassion, listen and provide loving-care. (Luke 10:30-37; Romans 12:8; Matthew 20:29-34)
- G. Giving**--The gift to cheerfully contribute material resources above and beyond a tithe to others and the church. (2 Corinthians 8:1-7; Romans 12:8; Mark 12:41-44)
- H. Leadership**--The gift to instill vision, to motivate and direct people to be faithful to their calling and responsibilities. (Romans 12:8; Hebrew 13:7, 17; 1 Timothy 3)
- I. Exhortation**--The gift to stimulate faith and promote Christian Maturity in others. (Romans 12:8; Acts 11:23,24, 13:43, 14:22)
- J. Administration**--the gift to design and effectively execute plans managing people, resources, and time in order to reach the long range goals and objectives of the ministry team or church. (Titus 1:5; 1 Corinthians 12:28, 14:28-30)
- K. Intercessory Prayer**--The gift to pray for extended periods of time on a regular basis and frequently see direct results to those prayers (James 5:14-16, 1 Timothy 2:1-2; John 17; Colossians 1:9-12, 4:12-13; Acts 12:12; Luke 22:41-44)

SPIRITUAL GIFTS



Spiritual Gifts are only a part of the make up of who we are and how we serve God. The more aware we are of our whole SHAPE the easier it is to plug into service and passions that will leave us fulfilled and feeling effective.

HEART

Heart has to do with our passions, the things that excite us, the things that give us joy, the things that bring us energy, and sometimes the things that keep us awake at night. The things we are passionate about are not by accident. The better we understand and follow our passions the more fulfilled we are in joining in God's work.



ABILITIES

God has given all of us a wide range of different abilities, or natural gifts and talents. It is through these natural gifts and talents that we engage in serving God and joining in God's work. Rick Warren writes "The abilities you do have are a strong indication of what God wants to do with your life. They are clues to knowing God's will for you...God doesn't waste abilities; he matches our calling and our capabilities."

What do your dreams and desires drift toward?

What needs do you love meeting for others and why?

What causes or issues make your heart race?

(if you were having trouble with this question here is a very incomplete list to get your thoughts rolling: abuse/violence, alcoholism, at-risk children, Christ-centered parenting, compulsive behavior issues, disabilities, divorce, drug abuse/recovery, education, environment, ethics, financial stewardship, health/fitness, HIV/AIDS, homelessness, social justice, legal issues, marriage/family, policy/politics, poverty/hunger, sanctity of life, sexuality/gender issues, spiritual apathy)

What age and affinity groups do you most enjoy working with?

Below, circle the abilities, skills or trades that you have and enjoy offering in the service of others. (Add any others that do not appear on the list)

- | | | | | |
|--------------|----------------|---------------|--------------|-------------|
| Adapting | Administrating | Analyzing | Building | Coaching |
| Computing | Competing | Communicating | Connecting | Consulting |
| Cooking | Coordinating | Counseling | Decorating | Designing |
| Developing | Directing | Editing | Encouraging | Engineering |
| Facilitating | Forecasting | Implementing | Improving | Influencing |
| Landscaping | Leading | Learning | Managing | Mentoring |
| Motivating | Negotiating | Operating | Organizing | Performing |
| Pioneering | Planning | Promoting | Recruiting | Repairing |
| Researching | Resourcing | Serving | Strategizing | Teaching |
| Translating | Traveling | Visualizing | Welcoming | Writing |

Personality

God has designed us all with unique and different personality traits. Our personalities shape how we respond to other people and to opportunities. There are a number of very in-depth personality profiles available, the list below is not one of them. It is simply to help you better understand your personality and how it helps to shape your response to the world around you. Please remember, though as a society we often value certain personality characteristics over others, God is not that way. Our personality differences are all celebrated and valued by God, none are more desirable than others, they simply suit us for different things. Read down each column below and circle the words that best describe the way you feel you really are.

Bold	Talkative	Compassionate	Precautionary	Venturesome
Decisive	Empathetic	Hospitable	Steadfast	Eager
Accommodating	Careful	Self-assured	Enthusiastic	Loyal
Easygoing	Orderly	Organized	Persuasive	Responsive
Open Minded	Mild	Sincere	Restless	Big Picture Oriented
Gentle	Quiet	Results Focused	Flexible	Humble
Earnest	Fast Paced	Freewheeling	Meek	Reserved
Intense	Visionary	Yielding	Shy	Meticulous

Experiences

The things we experience in our lives help to shape who we are, our passions, and how God uses us. We all have many different kinds of experiences (personal, relational, vocational, educational, spiritual) that impact us in various ways. Our experiences, positive and painful, can all shape who we are and be put to use for God. Below list three positive experiences that have impacted your life:

Now List three experiences you would describe as painful that have impacted your life:

How can God use these experiences in your life and the lives of others?
